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14-583-09

Champa, Heidi

From: Essif, George J <gessif@wellspan.org>
Sent: Tuesday, August 29, 2017 12:00 PM
To: PW, OPCRegs
Cc: Essif, George J
Subject: changes to Dept of human services amendment 55 code chapter 1153 and 5200

I think the proposed changes are in the right direction but not far enough. Instead of lengthening the time between treatment plans and updates, replace treatment plan updates with "Outcome Rating Scale " and "Session Rating Scale" as developed by Scott D. Miller and Barry L. Duncan. These rating scales are given to the client at the beginning and end of every session . Therefore, it is an ongoing measurement of therapeutic progress and the client's relationship with the provider. The relationship the client has with the provider accounts for at least forty percent of the effectiveness of the therapy. At least another forty percent is due to what the client brings into the therapy and this is more likely to be accessed when the alliance between the provider and client is strong.

Also, the amount of attention that is spent on gathering information from the client just because it is an administrative requirement can significantly interfere with the client -provider alliance. Much of this required information is not relevant or useful at least at the time or in the way it is required. And I would strongly urge a re-evaluation of making all records , including therapy notes, electronic. Sincerely, George J. Essif, Jr, Licensed Psychologist.

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